



## **SPECIAL Easter Yoga Class**

An egg-stra special class for Easter Sunday 16<sup>th</sup> April 2017  
Jubilee Centre  
Catherine Street, St Albans, AL3 5BU

**Geoff invites you to a special Easter Sunday class at  
Jubilee Centre 10am-11.30am  
No need to book - class fee £10**

Hop along to a very special class and prepare to undertake the secret bunny posture known only to members of the Himalyan Tibetan chicken tribe.



### **Information**

Please bring a **yoga mat** if you have one – although spares are available.  
See web site for info and directions ([www.geoffyoga.co.uk](http://www.geoffyoga.co.uk))

### **Contact Geoff**

**Tel: 01727 730961**

**e-mail: [geoffyoga@gmail.com](mailto:geoffyoga@gmail.com)**