



**Aboyne Lodge School**  
**New Classes from Tuesday 2<sup>nd</sup> July 2013**  
18.30 – 19.30 (£7) and 19.45 – 21.15 (£8)  
Etna Road, St Albans AL3 5NL

**DIRECTIONS**

**FROM CENTRE OF ST ALBANS**

- drive up the main high street with M&S and then BHS on your LEFT...
  - at the roundabout turn LEFT down Catherine St,
  - through pelican crossing traffic lights, then turn LEFT into Etna Road
  - go along the road and the school is at the end of the road, on the LEFT.
  - the drive bears to the left and opens up into a car park.
- To your right the entrance is through the glass doors.

**FROM HARPENDEN**

- from the Ancient Britton traffic lights turn RIGHT until you get to Batchwood roundabout.
- turn LEFT at roundabout towards St Albans, go over zebra crossing, and bear LEFT at mini roundabout (petrol station immediately in front of you)
- go up hill and turn first right (Church Crescent)
- at the end of the road turn LEFT up the hill. Keep going to the top – and straight ahead of you is the entrance to Aboyne Lodge School
- the drive bears to the left and opens up into a car park. To your right the entrance is through the glass doors

**NOTE:**

For 18.30 class entrance is to your right through glass doors (this is a controlled entry someone should be there to let you in, otherwise walk around to rear of building)

For 19.45 class please walk around to the rear of the building and you will see the hall and entry direct to the class

**Information**

Please bring a **yoga mat** if you have one – although spares are available. See web site for more info [www.geoffyoga.co.uk](http://www.geoffyoga.co.uk)

**Contact Geoff**

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